



MAKING THE MOST OF

ذو الحجة DHUL HIJJAH

Your Guide to the 10 Blessed Days





WHAT'S IN THIS EBOOK?

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- ② My Good Deeds List
- ③ Duas for Blessed 10 Days
- ④ The Days of Hajj
- ⑤ What is Qurbani or Udhiya?
- ⑥ How to Fulfill My Qurbani
- ⑦ My Daily Tracker
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FIRST 10 BLESSED DAYS

Dhul Hijjah is one of the most sacred months in Islam, and its first ten days are especially beloved to Allah Most High.

It is in these days when millions of Muslims embark on the Pilgrimage (Hajj), following in the footsteps of Prophet Muhammad and our father Prophet Ibrahim in complete submission to Allah. It is also when Eid Al-Adha happens, the second celebration of the Islamic year!

But Dhul Hijjah is not only special for those who are able to go on Hajj. For Muslims throughout the world, these days are an especially blessed time with many opportunities to do good, similar to the last ten nights of Ramadan. It's a chance for everyone to do their best to engage in spiritual devotion, worship and good deeds.

Allah has blessed this time with multiplied rewards that are accessible to everyone. But many people have forgotten about the virtues of these ten days. Reviving this sunnah of the Prophet in our families and communities can help us gain multiplied rewards.

“Whoever revives an aspect of my Sunnah that is forgotten after my death, he will have a reward equivalent to that of the people who follow him, without it detracting in the least from their reward.”

– Prophet Muhammad صلى الله عليه وسلم **[Tirmidhi]**

There are so many ways to earn the pleasure of our Creator during this time. Keep reading for a list of suggested good deeds!

“There is no deed more precious in the sight of Allah, nor greater in reward, than a good deed done during the ten days of Sacrifice.”

– Prophet Muhammad صلى الله عليه وسلم
[Bukhari]

“There are no days on which good deeds are greater or more beloved to Allah than on these ten days, so recite much Tahleel (saying La ilaha ila Allah), Takbeer (saying Allahu Akbar) and Tahmeed (saying Alhamdulillah).”

– Prophet Muhammad صلى الله عليه وسلم
[Ahmad]

“Fasting the Day of Arafah (ninth of Dhul Hijjah) is an expiation for all the sins of the previous year and expiation for all the sins of the coming year.”

– Prophet Muhammad صلى الله عليه وسلم
[Muslim]

MY GOOD DEEDS LIST



Screenshot and share with your family and friends!

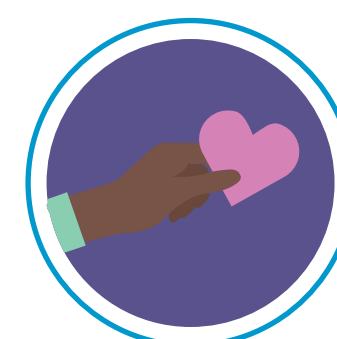
INCREASE DHIKR AND TAKBEER

The Prophet asked us to increase our recitation of La ilaha illa Allah, Allahu Akbar, Alhamdulillah during these days. Try doing this throughout the day, after every prayer, or whenever you check your social media, just take a minute for dhikr as well.



DO A GOOD DEED FOR YOUR PARENTS

One of the best things that a person can have is a righteous child who prays for them. In these blessed days, make your parents a priority and dedicate a good deed to them. Remember, you also get the reward of that good deed. Win win!



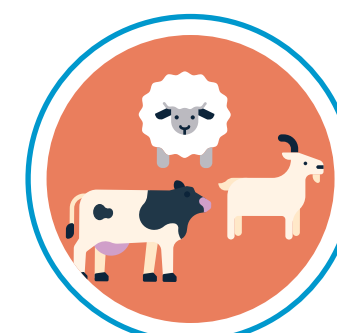
WORSHIP AT NIGHT

Praying, making dua and seeking forgiveness at night is especially beloved to Allah. If late at night is difficult for you, you can still take advantage of this blessed time right before sleep. Instead of your usual Netflix dose, take 20 minutes for some spiritual down time.



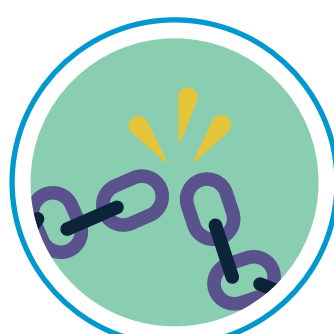
FULFILL YOUR QURBANI/UDHIYA

By honouring the sacrifice that our father Prophet Ibrahim made, we are fulfilling the beautiful meaning of "qurbani", which can be translated as "my redoubled effort to come near to Allah". Be among the first to **donate your Qurbani/Udhiya** in these blessed days.



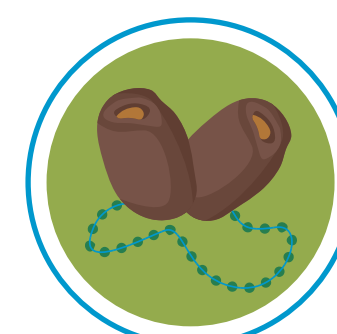
BREAK A NEGATIVE HABIT

These 10 days are a great opportunity to let go of a bad habit that's crept back in. Maybe decrease your social media use, go to bed earlier to wake earlier, or make an effort to stay away from gossip. Set your intentions and scale back a little bit.



FAST ON THE DAY OF ARAFAH

It is sunnah to fast on the 9th of Dhul Hijjah, which is the Day of Arafah. It counts as an expiation for all the sins of the previous year and the coming year. On this day especially, be sure to increase your dhikr, recitation of the Quran, good deeds and duas before the morning of Eid.



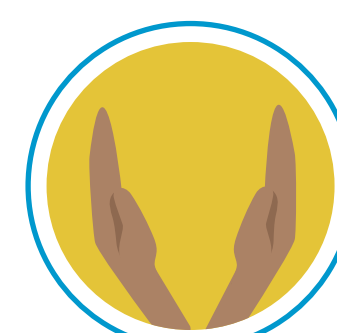
GIVE IN CHARITY

The reward of good deeds is multiplied in these 10 days, similar to Ramadan. These days are a chance to give charity in every way – with your wealth, actions and time. Perhaps you can do a consistent amount each day to a cause you believe in.



RECITE TAKBEERAT OF EID

Did you know? The takbeerat of Eid should be recited by everyone out loud after each prayer from Fajr on the 9th to during Eid to after Asr on the 13th of Dhul Hijjah. Here's what you should say: *Allahu Akbar (x3) La illaha il Allah, Allahu Akbar (x2) Wa lillahil Hamd.*





DUAS FOR THE BLESSED 10 DAYS

THE PROPHET'S DHIKR

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَ
لَا إِلَهَ إِلَّا اللَّهُ وَ اللَّهُ أَكْبَرُ

Subhan-Allah wal-hamdulillah wa la ilaha illa Allah wa Allahu akbar

Glory be to Allah, all Praise to Him, there is no God except Him, He is the Greatest.

DAY OF ARAFAH

لَا إِلَهَ إِلَّا اللَّهُ ، وَحْدَهُ لَا شَرِيكَ لَهُ ، لَهُ الْمُلْكُ
وَلَهُ الْحَمْدُ ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

La ilaha ill-Allahu, wahdahu la shareeka lah, lahul-mulku wa lahul-hamdu, wa Huwa 'ala kulli shay'in Qadeer

There is nothing that deserves to be worshiped except Allah, Alone without partner. To Him belongs sovereignty and all praise, and He is Powerful over all things.

PROTECTION FROM MY NAFS

اللهم إني أعوذ بك من شر سمعي،
ومن شر بصري، ومن شر لساني،
ومن شر قلبي، ومن شر نفسي

Allahumma inni audhu bika min sharri sam'i, wa min sharri basari, wa min sharri lisani, wa min sharri qalbi, wa min sharri nafsi.

Oh Allah, I seek protection in you from the evil of my hearing, from the evil of my sight, from the evil of my tongue, from the evil of my heart, and from the evil of myself.

INCREASE IN VIRTUES

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْهُدَى
وَالتُّقَى ، وَالْعَفَافَ ، وَالغِنَى

Allahumma inni as'alukal huda wat-tuqa wal `afafa wal ghina

O Allah! I ask You for guidance, piety, modesty and prosperity.

PARDON AND PROTECTION

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي
دِينِي وَدُنْيَايَ وَأَهْلِي وَمَالِي

Allahumma inni as'aluka al'afwa wal'afiyah fi dunyaya wa dini wa ahli wa mali

O Allah, I seek Your forgiveness and protection in my religion, my daily matters, my family and my wealth.

FOR GOODNESS IN EVERYTHING

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً
وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

Rabbana atina fid-dunya hasana, wa fil-akhirati hasana, wa qina 'adhab-annar

O Lord, grant us in this world that which is good and in the Hereafter that which is good, and save us from the Fire.

DUAS FOR THE BLESSED 10 DAYS

ERASE MY SINS

اللهم إني ظلمت نفسي ظلماً كثيراً، ولا
يغفر الذنوب إلا أنت فاغفر لي مغفرة من عندك،
وارحمني إنك أنت الغفور الرحيم

*Allahumma inni dhalamtu nafsi dhulman
kathiran, wa la yaghfiru athunooba 'illa 'Anta,
faghfir li maghfiratan min 'indika warhamni
'innaka 'Anta al-Ghafuru-Raheem*

O Allah, I have greatly wronged myself and
there is no one except You to forgive me.
Grant me forgiveness and have mercy on
me. You are truly the Most Forgiving, Most
Merciful.

TRUST IN ALLAH

اللهم رحمتك أرجو، فلا تكلني إلى نفسي طرفة
عين، وأصلح لي شأني كله، لا إله إلا أنت

*Allahumma rahmataka arju fala takilni ila nafsi
tarfata 'ayn wa aslih li sha'ni kullahu, la ilaha ila
Anta*

O Allah, I plead for Your mercy, do not
abandon me for even the blink of an eye and
rectify for me all my affairs. There is none
worthy of worship except You.



THE DAYS OF HAJJ

8th of
Dhul Hijjah

DAY 1 OF PILGRIMAGE

Pilgrims in Makkah begin the rituals of Hajj by performing Tawaf and Saiy, and then make their way to Mina (a small village to the east of Makkah) by foot or shuttle bus.

9th of
Dhul Hijjah

DAY 2 OF PILGRIMAGE

This is considered the most important day of Hajj, also known as the Day of Arafah. Pilgrims leave for the plains of Arafah just after dawn. The pilgrims spend the entire day standing (or sitting) around the Mount of Mercy, asking Allah for forgiveness and making supplications.

After nightfall, the pilgrims leave Arafat and travel to a nearby open plain called Muzdalifah, roughly halfway between Arafat and Mina. There they spend the night sleeping on the ground under the stars, praying and collecting small stone pebbles to be used the following day.





THE DAYS OF HAJJ

10th of
Dhul Hijjah

DAY 3 OF PILGRIMAGE

The pilgrims move before sunrise, this time back to Mina. Here they perform the ritual of casting the stone pebbles, thrown at three pillars that represent the temptations of Satan.

This day is called the Day of Sacrifice and is also the day Muslims throughout the world celebrate Eid Al Adha. After casting the pebbles, the pilgrims slaughter an animal (often a sheep or a goat) and give away the meat to the poor. Once the sacrifice is complete, pilgrims have completed Hajj.



WHAT IS QURBANI OR UDHIYA?

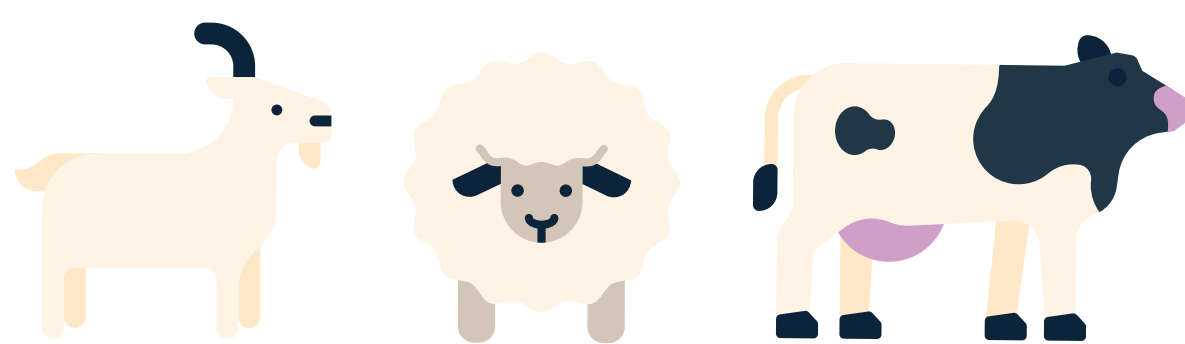
THE SACRIFICE ON EID

Together with the pilgrims in Makkah, Muslims around the world also take part in the sacrifice to commemorate the incredible submission and sacrifice of Prophet Ibrahim. The sacrifice is often referred to in Arabic as “Qurbani” meaning the act of drawing near to God, or “Udhiya” meaning the sacrifice done on Eid.



WHO

While there are some differences of opinion, it is generally agreed that if an adult of sound mind can afford Qurbani, they should perform it.



WHAT

The animals that qualify to be sacrificed are cattle, camels, sheep and goats who are adult and healthy. Before and during their sacrifice, it is mandated that they must be treated with the highest standard of kindness, hygiene and dignity that is outlined for sacrifice animals.



WHEN

The time for sacrifice begins right after Eid ul-Adha prayers on the 10th of Dhul Hijjah, and can be performed until sunset of the 13th of Dhul Hijjah.

HOW TO FULFILL MY QURBANI

You can fulfill your sacrifice easily with Islamic Relief and donate your Qurbani / Udhiya to feed the families who are most in need all around the world.

CLICK HERE TO GET STARTED!
You pick a region!



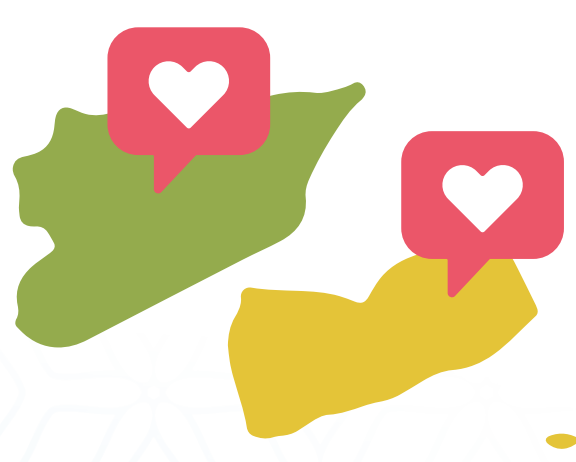
Our offices organize everything in advance, buying high quality animals from local farms.



Our global distributions reach **3 million people** in over **30 countries!**



On Eid, we ensure your sacrifice is done humanely and hygienically.



Not just in Canada and international regions, but also in conflict zones like Yemen and Syria.



Meat is immediately distributed to the most needy, without waste.

“Talking about buying meat is like a dream to me and my siblings. We only eat it once a year, on this Eid. I know it is important for our bodies to develop, but we are living in a very bad condition. Receiving a meat pack from Islamic Relief makes us very happy, and means so much to my mother.”
– Amal, Yemen



MY DAILY TRACKER

Print this out and let it be a visible reminder to make the most of these special days!



Dhul Hijjah 1

- Did some dhikr
- Read Quran
- Gave charity
- Helped someone
- Prayed at night
- Made dua

Dhul Hijjah 2

- Did some dhikr
- Read Quran
- Gave charity
- Helped someone
- Prayed at night
- Made dua

Dhul Hijjah 3

- Did some dhikr
- Read Quran
- Gave charity
- Helped someone
- Prayed at night
- Made dua

Dhul Hijjah 4

- Did some dhikr
- Read Quran
- Gave charity
- Helped someone
- Prayed at night
- Made dua

Dhul Hijjah 5

- Did some dhikr
- Read Quran
- Gave charity
- Helped someone
- Prayed at night
- Made dua

Dhul Hijjah 6

- Did some dhikr
- Read Quran
- Gave charity
- Helped someone
- Prayed at night
- Made dua

Dhul Hijjah 7

- Did some dhikr
- Read Quran
- Gave charity
- Helped someone
- Prayed at night
- Made dua

Dhul Hijjah 8

- Did some dhikr
- Read Quran
- Gave charity
- Helped someone
- Prayed at night
- Made dua

Dhul Hijjah 9
Arafah

- Fasted Arafah
- Recited takbeer
- Read Quran
- Gave charity
- Prayed at night
- Made dua

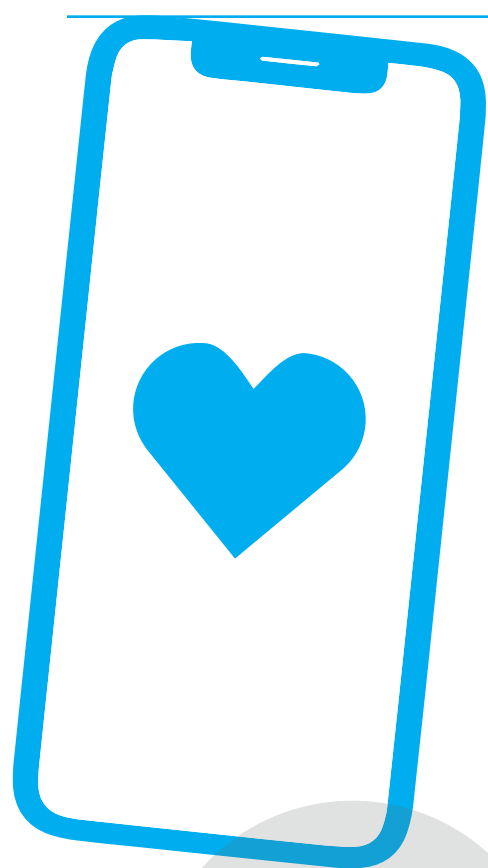
Dhul Hijjah 10
Eid Al-Adha

- Eid prayers
- Recited takbeer
- Dressed nicely
- Spread joy
- Gave charity
- Made dua



10 Best Days

Making the Most of Dhul Hijjah



Screenshot and share with your family and friends!

My Favourite Ayah:



Today I'm Grateful For:

Try This Good Deed Today:

My Favourite GIF/Sticker:

I'm Making Dua For You:



Tag us here
[@islamicreliefcanada](https://www.instagram.com/islamicreliefcanada)

3 AWESOME IDEAS

to engage kids about Dhul Hijjah

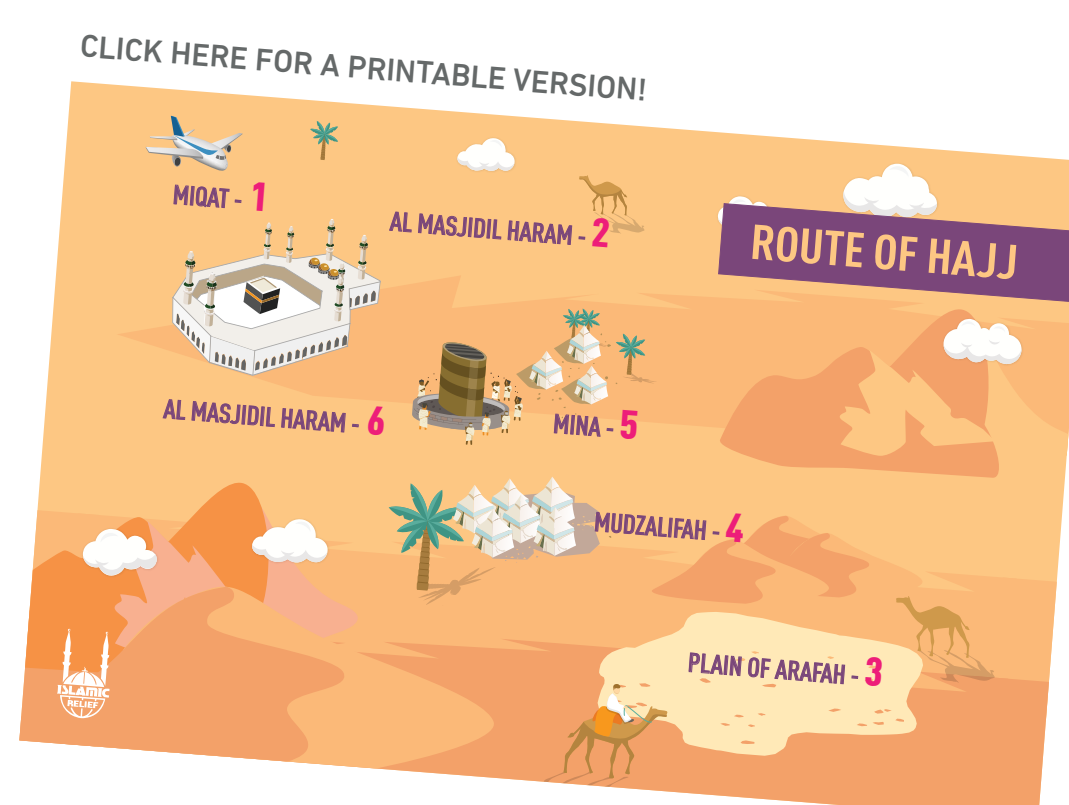
MEET A HAJJI

The concept of Hajj can be abstract for children. Sometimes, grounding the concept of Hajj into a real person's experience can suddenly make the event come alive for children. Do you know someone your children love speaking with that's been on Hajj? Have them do an animated presentation, video call or storytime one afternoon, to share their experience. Tell your children exactly why they are doing this activity and get them hyped up about this chance to talk to someone who's "actually been on Hajj." Invite your children to prepare some questions beforehand so there can be a thoughtful discussion.



DRAW OUT OR PRINT THIS HAJJ MAP

This can be a great way for children to visualize where the pilgrims are and what they are doing on each day. Mina, Arafat, Muzdalifah - these names can sound very distant and far away. Engage your kids by drawing or printing out this map and asking them to color it in as you explain what the significance of each location is to the pilgrimage.



CRAFT ACTIVITY

Do a group craft activity, maybe even with other children, while explaining the significance of what you're making together. Whether it's constructing a little Kaaba, or making an Eid Mubarak banner to hang at home. Get creative and use poster board, fabric or whatever strikes your fancy.



If you benefited from this ebook, share a screenshot of your favourite part and encourage others to download it too.

Be sure to show us some love and tag us!



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